

# Resources For Professionals

What is NA?

We are a group of addicts who meet regularly to help each other stay clean. We have found a simple and effective method of recovery from the disease of addiction. As a world wide program of recovery we are present in 139 countries and hold approximately 67,000 meetings a week.

To gain more in-depth knowledge you can download the [Information about N.A.](#) or our [Membership Survey pamphlet](#).

The Trans Umbrella Area of Narcotics Anonymous Public Relations Committee and Information Technology Chair maintains this website. We provide support to our member area's public relations efforts, act as a conduit of communication between the public ( people who might think they have a drug problem & those looking for help ), professionals in the addiction and medical fields, public health professionals, Departments of Corrections and more. If you would like to have contact with us please email [tuana.prchair@gmail.com](mailto:tuana.prchair@gmail.com), we will be glad to offer additional information regarding NA to you.

For more information about our program, we invite you to review some of the items described below.

**[Resources for Professionals:](#)** Narcotics Anonymous World Services website.

**[Membership Survey:](#)** Contains the results of a biennial survey of approximately 28,495 NA members.

**[Information about NA:](#)** Includes facts about the history of NA, organizational philosophy, and membership demographics.

**[NA: A Resource in Your Community:](#)** This pamphlet provides information about local NA services that may be available such as public service announcements, phone lines, literature sales, and NA presentations for health fairs, schools and professional conferences.

**[In Times of Illness:](#)** This relied-upon booklet was recently revised to reflect members' experiences with challenges such as mental health issues, chronic illness and pain, and supporting members with illnesses. It includes section summaries in the table of contents.

**[NA Groups and Medication:](#)** Our Twelve Traditions remind us that medication use is a member's personal decision, and is an outside issue for NA groups. This piece is intended for groups as they consider this issue. It does not address members' personal decisions, nor does it try to change members' opinions about medication. Groups are often better able to carry the message and welcome everyone when members come together to discuss this issue.

**[For Those in Treatment:](#)** In this pamphlet, we offer some suggestions and a basic plan of action to help recovering addicts in the transition from treatment, to continuing recovery in Narcotics Anonymous.

**[By Young Addicts. For Young Addicts:](#)** This pamphlet was developed by young members of Narcotics Anonymous to illustrate the fact that young addicts around the world, speaking many different languages, are getting and staying clean in NA.

**[An Introduction to NA Meetings:](#)** Offers a welcoming introduction, and explains practices unfamiliar to those at their first meetings, and provides tips for groups to preserve an atmosphere of recovery.

**[Narcotics Anonymous and Persons Receiving Medication-Assisted Treatment | Spanish:](#)** This pamphlet is intended for professionals who prescribe medication to treat drug addiction. The service pamphlet *NA Groups and Medication* listed in the pamphlet contains a broader discussion of NA members and other medications.